



Dear Principal,

January is all about mentorship! In our mental health sheets this month, we have provided both parents and teachers reminders that they are mentors to students.

Students keep a watchful eye on us in the way we interact with others: speaking and behaving.

Thanks, as always, for distributing these fact sheets. It's a great way to connect to our families and teacher friends.

Stop by our after school programs. Keep the referrals coming! New kids are always welcome.

Always let us know if you have any students who need Family Advocacy Programming, mental health, or addictions support. We are available to help—just call.

Sincerely,

Your Prevention Team,

Charla Waxman, Maggie Hanson, Latasha Davis, and

Angela Brown

Nicasa Behavioral Health Services

847-546-6450