



Dear Principal,

November is for National Education Week. Of course we picked this week as our awareness day focus. Our parent and teacher mental health fact sheets provide some history, inspiring educational quotes, and techniques for stressing the importance of education.

This year we have increased STEM, created mini maker spaces, and increased our skype pals across school districts. Our leadership classes now extend to middle school students with special skype trainings by our high school students. Our first parent night is this month and you are always welcome to stop by.

Please let us know if you would like us to attend any upcoming staff meetings to "report out" on our plans for the school year. Also, please communicate to your team, Nicasa's availability to support families struggling with addiction and mental health concerns. The Nicasa Round Lake office number is below.

Let's have a great year!

Sincerely,

Your Prevention Team,
Charla Waxman and Maggie Hanson
Nicasa Behavioral Health Services
847-546-6450